



Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Wakota Life Care Center, West St. Paul #285553

Contact: Ginny Cronin, Executive Director

Phone and Email: 651-457-1195

Goal: To provide necessary services and referrals to pregnant and parenting women in Dakota and Ramsey

For the period/quarter:

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Administer all Positive Alternative grant activities			
Outreach	Develop relationships and partnerships with strategic community agencies in our service area, focusing on the Latino community.		We have been working with some local connections, including Our Lady of Guadalupe Parish, to build stronger relationships and clients referrals.	
Case Management Services	Provide follow up calls/contact with positive pregnancy test clients.	50	We are working very hard to maintain contact with our clients. Our numbers are up due to client increase and our new classes that began in September.	99

Quarterly Totals

Demographic Reporting Form

Positive Alternatives

Date July 1 – September 30, 2016 Grantee: Wakota Life Care Center 285553

1. Client Age Range:

Under 15	0
15-17	12
18-19	20
20-24	46
25-29	35
30-34	23
35+	36
Unknown age	2

2. Client Pregnancy Status:

1st Trimester	44
2nd Trimester	6
3rd Trimester	25
Post-partum	40
Pregnancy Status Unknown	0

3. Client Marital Status:

Married	35
Not Married	139
Marital Status Unknown	0

4. Client Race:

Race: White	95
Race: African-American	41
Race: African-American	9
Race: American-Indian	19
Race: Asian-Pacific	3
Race: Other/Multi	7
Race: Unknown	0

5. Client Ethnicity:

Hispanic Ethnicity: Yes	67
Hispanic Ethnicity: No	106
Ethnicity: Unknown	1

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Crib Distribution/ Sleep Safety Education		10	We have provided a number of Pack 'n Plays to clients. Our Cradle of Hope monthly allotment has risen to 9 per month. Over the last three months, the demand for these items have risen significantly.	25
Financial Assistance	Provide assistance in completing financial aid applications (Cradle of Hope, Life Fund, and other applicable agency applications) to pregnant and parenting women.	25	We have able to assist 10 families with this requested assistance, examples include mothers who have been bedridden due to pregnancy, complications from delivery, homelessness, and other significant issues.	10
Life-Skills Education Program	Provide educational programs to pregnant and parenting women that are about building life skills such as budgeting, relationship building, and housing.	5	Beginning in September 2016, we began offering a series of Friday classes on a variety of topics, including "life-skills" programming. These classes will continue, and they will be offered to Wakota clients.	2
Material Support	Provide baby and maternity clothing, diapers, layettes, baby equipment or furniture items (non-incentive based) to pregnant and parenting women (once-a-month frequency).	175	We have been experiencing total visits of between 200 – 250 people each month. We have also been seeing an increase in clients (300+ in the past 9 months). We have provided over 28,000 diapers since January as well.	580
Nutrition	Provide prenatal vitamins to every pregnant women with a positive pregnancy test.	35	September was a very high positive pregnancy testing month (we also had 40 ultrasounds in September).	48

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Parenting Education	Provide parenting programs that are specifically designed to educate pregnant and parenting women on parenting skills, including infant care, positive parenting, and discipline.	5	Beginning in September 2016, we began offering a series of Friday classes on a variety of topics, including "life-skills" programming. These classes will continue, and they will be offered to Wakota clients.	2
Pregnancy Education Program	Provide educational programming that is specifically designed to educate pregnant and parenting women about pregnancy, including prenatal classes, childbirth education classes, smoking cessation, drug/alcohol cessation, prenatal nutrition, and doula services.	5	Beginning in September 2016, we began offering a series of Friday classes on a variety of topics, including "life-skills" programming. These classes will continue, and they will be offered to Wakota clients.	2
Pregnancy Testing	Provide eligibility assessment, pregnancy counseling, and testing.	75	We experienced high volume of tests this quarter (with September being the highest of the three months).	104
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services.	60		64

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	Utilize resource database to provide information and make referrals			
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals			46
Ultrasound	Provide limited diagnostic ultrasound services (including assessment, intake and counseling). Offered to all positive pregnancy test women.	30	We experienced high volume of tests this quarter (with September being the highest of the three months).	44

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	8
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	8
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	0

Challenges:

Our new classes began in September, and we are trying to attract clients to take advantage of our topics.

Comments:

We are excited to see so many new clients.